



We build strong kids, strong families, strong communities.

YMCA Outdoor Recreation Dept.

The Siskiyou Family YMCA offers a variety of outdoor recreation opportunities for the entire family. Siskiyou County is noted for its camping, hiking, mountain biking, fishing, kayaking and whitewater rafting! We plan on putting our local resources to good use this summer!



Whitewater Raft Guide Training

Siskiyou County boasts some of the best whitewater action in the world, and we intend to take advantage of that! For the fifth year in a row, the Siskiyou Family YMCA will be conducting a Whitewater Raft Guide Training. This program consists of two days 'on the water' and one evening in the classroom. Great leadership development program for teens and young adults.

Dates: Wednesday, May 19 (Classroom Work)
Saturday, May 22—Sunday, May 23 ('On Water' Training)

Time: Wednesday: 6-8PM
Saturday: Leave YMCA @ 7:00 AM
Sunday: Return to YMCA @ 6:00 PM

Location: Wed (YMCA) / Sat. & Sun. (Klamath River)

Ages: High School +

Cost: \$100 YMCA Members / \$150 Non-Members

NEW* YMCA Cross Country Race Series

The YMCA is proud to be teamed up with YHS Cross Country Coach and 2010 CIF Model Coach Award Winner Pam Borg to put on it's first ever Cross Country Race Series. Runners of all ages are welcome to join in on the 3 series of 1 Mile (for children) 5k and 8k races.

Date: June 29, July 6 & 13

Time: Races start at 6:00 pm

Cost: \$5 per race/ \$13 for all 3 races

Location: Lower Greenhorn Park

Family/Group Whitewater Rafting Trips

Please check with front desk for more information!

Teen Rafting Trip

Join us for a one day whitewater rafting adventure down the Klamath River. Whether you're a beginner or an expert, you're welcome to join us.



Ages: 13+

Date: Sunday, June 20

Time: Leave YMCA Parking Lot @ 7AM Sunday and
Return to the YMCA Parking Lot @ 7PM

Location: Klamath River—Below Happy Camp

Cost: \$30 YMCA Members / \$45 Non-Members

YMCA Mountain Bike Race Series

For the 7th year in a row, bike racing enthusiast Jason Singleton brings this 3-Race Series to Yreka! Designed for Beginning to advanced mountain bike racers. Registration starts June 1st .

Dates: June 8, 15 & 22 (Tuesday Evenings)

Time: "B" Racers @ 6:00 PM

"A" Racers @ 6:30 PM

Cost: \$8 per race / \$21 for all 3 races

Location: Upper Greenhorn Park

Beginning Kayaking Clinic

Did you know that Yreka is the one of the only towns in the US that can boast having 3 of the top 15 recognized whitewater runs within an hour and a half driving distance? Our instructors will help you get out there and enjoy our amazing local resource!

Date: Saturday, July 10

Ages: High School +

Cost: Members \$40 / Non-members \$60

Location: Klamath River

Beginning Fly Fishing Clinic

We live in one of the hottest fishing regions in the western states. Isn't it about time you tried? Fee includes use of equipment for the evening.

Date: Friday, July 9

Time: 6:00PM-8:00 PM

Cost: Members \$15 / Non-members \$25

Location: TBA

Paintball Adventure

Paintball is a fun, exercise based activity that promotes teamwork and strategy! Cost will cover gear, paintball guns, unlimited air, and 500 rounds of paintballs.



Ages: 13+

Date: Sunday, July 19

Time: Leave YMCA Parking Lot @
5 PM and Return to the
YMCA Parking Lot @ 8:30 PM

Location: John Cunningham's Paintball Range

Cost: \$30 for all participants